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REVIEW ARTICLE

UNDERSTANDING DIFFERENTIATION BETWEEN SIMILAR RUBRICS AND THEIR REMEDIES

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Abstract

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Comparative or Similar rubrics means rubrics which seem similar in meaning or almost related to each other yet they are different as they have fine differentiations and they include different group of medicines. These fine differentiations are necessary to study in detail so that most appropriate rubrics should be taken care of during formation of the repertorial totality. This article deals with some of the important similar rubrics which cause confusion during homoeopathic practice. Here, in this article, their meanings, differentiation and related subrubrics with important medicine are discussed.

INTRODUCTION

Mental Generals are very important in any case if they are predominant, peculiar and characteristic in nature and then they should be kept at first place in the hierarchy of totality of symptoms. They act as window to the whole case. They include emotional, intellectual, mental, sensitivity traits. The conflict or

stress in the mind can result in manifestation of signs/symptoms of diseases. Hence they play an important role in unfolding the true portrait of disease.

But in practical experience, mental generals are very difficult to be probed and obtained from patients and it is equally difficult to understand or interpret them

correctly. The most difficult task here is to convert the patient's symptoms into reportorial language. To overcome this problem and to make Repertory more feasible, the physician should know the exact meaning of rubrics and their cross references. There are many rubrics which seems similar but they have thin line of differences in their meanings and they represent different group of remedies as well.

Significance To Understand Thin Line Of Difference Between Similar Or Comparative Rubrics:

- To select Exact/ Appropriate Rubric during Case processing.
- To understand the miasmatic background of these rubrics.
- To Co-relate them with the miasmatic cleavage of disease present in the patient.

Some of these important similar rubrics which can impose confusion during practice are discussed here. (Rubrics are selected by using Homopath zomeo ultimate and Vision version 2-Miccant Software)

I. Difference between chagrin, vexation, resentment and mortification.

(i) CHAGRIN:

- Strong feelings of embarrassment, disappointment or humiliation caused by own failure/mistake.

- Feeling of the patient can be summarised in “Why haven't I done this that time” or “if

RUBRICS

- Murphy Rep, Mind; CHAGRIN, ailments, from, (1) *staph*
- Murphy Rep, Mind; ANXIETY; chagrin, after (1) *lyc*
- Murphy3, Mind; CHAGRIN, ailments, from; pain, from (1) *staph*
- Murphy3, Mind; DULLNESS, mental; chagrin, from (2) *ign, lach*
- Murphy3, Constitutions; WEAK; constitutions; fluids, and excesses, loss of, violent acute diseases, chagrin, or a long succession of emotions (1) *ph-ac*
- Murphy3, Constitutions; WEAK; constitutions; fluids, and excesses, loss of, violent acute diseases, chagrin, or a long succession of emotions; especially in anemia (1)

KALI-C

(ii) VEXATION

- The quality or state of being annoyed by small irritations.
- Mental state where something is bothering, bugging, troubling, tormenting causing disturbance, uneasiness or even harassment
- Feeling of being annoyed, frustrated, dissatisfied or irritated.

RUBRICS

- Combined, Mind; AILMENTS from; indignation (7) – staph, coloc
- Combined, Mind; CHEERFUL; alternating with; bursts of indignation (4)- aur, caps
- Combined, Mind; GRIEF; silent indignation; with (1)- colo
- Combined, Mind; INDIGNATION; discomfort from general (1)- op
- Combined, Mind; INDIGNATION; dreams at unpleasant (1)- calc-p
- Combined, Mind; INDIGNATION; morning (1) - ars
- Combined, Mind; INDIGNATION; pregnant; while (1) – nat-m
- Murphy3, Children; ABUSED, general, ailments from being; indignation, with (4) – ign, staph, anac, ph-ac
- Murphy3, Coughing; INDIGNATION, from (1) - staph
- Murphy3, Female; MENSES, general; suppressed; indignation, from (2) – colo, staph
- Murphy3, Mind; ABUSE, ailments from; indignation, with (4)- staph, ign, carc, anac
- Murphy3, Mind; ANGER, general; indignation, with (12) –coloc, staph, aur, carc, lyc, nux-v

- Murphy3, Mind; CHEERFUL, feelings; alternating, with; indignation, bursts of (4) – aur, caps, croc, ign
- Murphy3, Mind; INDIGNATION, feelings; ailments, from (23)- staph, caust, coloc, puls
- Murphy3, Mind; INDIGNATION, feelings; colic, causes (3) – colo, staph, cham
- Murphy3, Mind; INDIGNATION, feelings; heart pains, causes (1) – staph

**(iii) RESENTMENT/
EMBITTERED**

- Continual or recurring feelings of strong negative emotions due to real or imaginary offenses. Mostly it involves sense of being mistreated, insulted or wronged by someone.
- A sense of agitation in the mind against some happening cause or object.
- In another words, it is the inability to stop thinking about specific incident, event or experience that triggered the strong emotions of anger, embarrassment or fear once.

RUBRICS

- Complete Classic 2014, Mind; embittered, exasperated: (27) – hep, ambr, ang

- Complete Classic 2014, Mind; embittered, exasperated; agg., ailments from: (6) – colo, hep, ang
- Murphy3, Mind; EMBITTERED, exasperated; offences, from slight (4)- ang, nit-ac, nux-v, pall

(iv) MORTIFICATION

- Sense of humiliation and shame caused by something that wounds one's pride or self-respect.
- Feeling of extreme embarrassment. Here, the embarrassment is in high degree.
- An instance in which you are caused to lose your prestige or self-esteem.

RUBRICS

- Complete Classic 2014, Mind; dreams; anxious; mortification, from: (1) - puls
- Complete Classic 2014, Mind; mortification: (4) – staph, cob, lach
- Complete Classic 2014, Mind; mortification; mortifies herself: (2) – cob, lach
- Complete Classic 2014, Mind; taciturn, indisposed to talk; mortification, from: (1)- ign
- Complete Classic 2014, Mind; weary of life; mortification, from: (1) - puls
- Complete Classic 2014, Mind; weeping, tearful mood;

mortification, from: (4) – coff, colo, pall,puls

- Complete Classic 2014, Sleep; sleeplessness; mortification, from: (4) – calc, colo, ign, staph
- Murphy3, Mind; HUMILIATION, mortification; ailments, from (65)- carc, coloc, pall, staph, anac, cham, ign, lyc, nat-m, ph-ac
- Murphy3, Weakness; HUMILIATION, weakness, after (6)- carc, gels, staph
- Murphy3, Mind; HUMILIATION, mortification; sexual, abuse, after; shame, from (5) – op, staph, carc, ign

II) Difference between Premonitions, Clairvoyance & Prophecy

(i) PREMONITIONS

- Synonyms: forewarning, intuition, foreboding, presentiment, hunch
- It is a feeling that something esp. unpleasant is going to happen in the future. Fear of something in the future.
- Previous notice or warning , anticipation of an event without conscious reason.(usually negative but not exclusively)
- A clairvoyant or clairaudient experience such as a dream which resonates with some event in the future.

RUBRICS

- Boeninghausen, **Mind;**
PRESENTIMENTS
PREMONITIONS,
FOREBODINGS; *acon, aesc,*
agn, am-c, apis, arg-n, ars, CALC,
carb-v, CAUST, chin, elaps, gels,
kali-c, lach, lyc, med, naja, phos,
plb, PSOR, sep, sil, spig, stram,
verat,
- Combined, **Mind; DEATH;**
presentiment of ; ACON, *agn,*
aloe, alum, anac, APIS, arg-n, arn,
ars, bapt, bar-m, BELL, bry, cact,
calc, cann-i, canth, cench, chel,
cimic, cupr, dig, graph, hell, hep,
kali-ar, kali-c, kali-n, lac-d, lach,
lob, lyc, lyss, med, MERC, mosch,
nat-m, nit-ac, nux-v, petr, phos,
plat, podo, posit, puls, raph, rhus-t,
sep, staph, stram, sul-ac, sulph, tab,
thea, verat, vip, zinc, zinc-p,
- Combined, **Mind; DEATH;**
presentiment; alternating with;
anguish (1) *raph,*
- Combined, **Mind; DEATH;**
presentiment; soon believes she
will die and cannot be helped (1)
agn,
- Combined, **Mind; DEATH;**
presentiment; sudden death; of a
(1) *cench,*

- Combined, **Mind; RAGE;**
alternating with; presentiment of
death (1) *stram,*
- Murphy³, **Clinical; DEATH,**
general; presentiment, of death;
thinks of death calmly (2) *aur,*
zinc,
- Phatak, All; **FEAR, FUTURE**
MISFORTUNE **EVIL**
FOREBODING (22) **ACON,**
ARS, *aster, CALC, caust, cham,*
chin-s, cimic, dig, graph, kali-c,
kali-m, lil-t, merc, nat-m, nux-v,
phos, plat, PSOR, PULS, thuj,
verat,

(ii) CLAIRVOYANCE

- The supposed faculty of perceiving things or events in the future or beyond normal sensory contact, means able to see things that cannot be perceived by the normal senses. Able to foresee the future.
- It is actually the special Ability or talent to gain information about an object, location, or physical event through extrasensory perception.
- The power or faculty of discerning objects not present to the senses.
- Extrasensory perception to see events before it occurs. To see the supernatural.
- The power to see the future.

- We can say, clairvoyance is enhanced version of ability of premonitions.

RUBRICS

- Complete Classic 2014, Mind; clairvoyance: - ACON, LACH , ANAC, ARG-N, CANN-I, COFF, CROT-C, HYOS, LYSS, NUX-M, OP, PHOS, SIL, STRAM, TARENT, VALER, VERAT-V, gran, agar, ant-c, arn, bry, calc, camph, con, med, stann, thea
- Complete Classic 2014, Mind; clairvoyance, midnight- cann-I, op
- Combined, Mind; CLAIRVOYANCE; dreams during drunkenness (1) lach,
- Combined, Mind; FEAR; death; of; predicts the time (2) ACON, *arg-n*,

(iii) PROPHYSYING

- To foretell or predict
- To utter by or as if by divine inspiration, to predict with assurance or on the basis of mystic knowledge.
- To make inspired declaration of what is to come, to speak as a mediator between God and humankind or in God's Stead.
- Prophecy is a message that is claimed by a person to have been communicated to them by a deity. Such messages involve inspiration, interpretation of

dreams or revelation of divine will concerning the contemporary world and preternatural knowledge of events to come in the future.

- Gift of interpreting the will of God.
- It is different from **Astrology** where predictions are based on calculations/ planetary positions whereas prophecy is intuitive revelations or predictions under divine inspiration.

RUBRICS

- Complete Classic 2014, Mind; prophesying: (14) – ACON, LACH, ARG-N, COFF, agar, ant-c, med, camp, con, nux-m, stram, thea
- Complete Classic 2014, Mind; prophesying; disagreeable events, of: (1) - med
- Complete Classic 2014, Mind; prophesying; predicts time of death: (3) ACON, ARG-N, thea
- Complete Classic 2014, Mind; dreams; future events, prophetic: (14) – ACON, CAMP, CANN-I, STAPH, SULPH, bov, phos, ph-ac, rad-br

- Murphy3, Mind; ACTIVITY, mental; prophetic, conception, almost (1) - LACH

Murphy3, Mind; PROPHECYING; rhyming (1) –agar

III) Difference between Selfish, Egoist and Egotist

Selfish vs Egoist vs Egotist

Selfish is the person who is at the initial stage of self-love or personal gain. Egoist will do everything of his own interest. However, he doesn't express this habit in front of others unlike an Egotist who feels pleasure talking about his qualities and achievements in front of others.

(i) SELFISH -

A person who cares only himself. Who considers his welfare and benefits and does not consider others' interest in front of himself. This typical behavior remains the same in every aspect of his life be it friendship or relationship. Who seeks personal benefit in everything, disregarding others' loss.

- The quality of thinking only of one's own advantage
- Concerned excessively or exclusively with oneself in terms of gain, benefit, advantage, pleasure or welfare regardless of others.

- No consideration of how other people feel or what other people want.

RUBRICS:

- [MURPHY] [MIND] SELFISHNESS, (SEE GREEDY): Agar, Androc, Anh, 3 Ars, Asaf, Aur-m-n, Bell, *Calc*, Calc-f, Caust, Cench, Chin, *Choc*, Cic, Croto-t, Hydrog, Ign, Kola, Lach, *Lyc*, Med, Merc, Mosch, Nat-m, Nux-v, Oxyg, Pall, Phos, Plat, Plb, *Puls*, Pyrus, Senec, Sep, Sil, *Sulph*, Tarent, Thuj, Tub, Valer,

- [KENT] [MIND] SELFISHNESS: (10) Agar, Asaf, Croto-t, Ign, Med, Mosch, *Puls*, Pyrus, *Sulph*, Valer,

- [PHATAK] [PHATAK A-Z] SELFISH: (6) Agar, Ars, Puls, Senec, Sulph, Tarent

- [COMPLETE] [MIND] SELFISHNESS, EGOISM: OCCUPIED AT FIRST WITH HIMSELF AND BESIDES WITH OTHERS FOR HIS OWN PROFIT AND LOSS FOR OTHERS: (4) Bell, Calc, Cich, Nux-v,

(ii) EGOISM -

As we all know Ego means “I” or “Self” so when a person is self centered or concerned only about himself in terms

of interest and opinion we can use the rubric Egoism. Here the person gives priority to oneself but doesn't display this habit in front of everyone. Individual self interest is the actual motive of all conscious actions.

- Concerned excessively or exclusively with oneself in terms of interest and opinion.
- Habit of valuing everything only in reference to one's personal interest.
- Concerned only about one's own needs, ideas and interests.
- The tendency to be self-centered or opinionated.

RUBRICS

- [COMPLETE] [MIND]
SELFISHNESS, EGOISM: (75)
Absin, Agar, Alli-m, Anac, Androc, Anh, Aq-mar, Ars, Asaf, Aur-m-n, Bell, Calc, Calc-f, Caust, Cench, Cer-o, Chin, Choc, Cic, CICH, Clad-r, Croto-t, Cygn-c-b, Cypra-e, Dulc, Eur-n, Fic-i, Gall-ac, Helx, HerinHydrog, Ign, Ignis, Kola, Lac-drom, Lach, Latex, Lava-f,Loxo-r, Lsd, Lyc, Marm-a,Med, Merc, Morph-s, Mosch, Nat-m, NIT-AC, Nux-v,Oxyg, Ozone Pall,Phas-c,Phos,Phyt, Plac, Plat, Psor, Puls, Pyrus,Sabal,Salx-f,Senec, Sep Sil, Stront-c,Sulph Syph, Tarent, Tax, Thuj, Tub, Ulm-c,Uran, Valer,

(iii) EGOTISM -

Thinking only about oneself and considering oneself better and more important than other people. The person overestimates his or her capacity and expresses it in a boastful and excessive way. Self made persons usually fall into this category with high self esteem who tries to show or prove themselves different from the crowd. The egotist individual has a sense of "self importance". They have a tendency to talk about themselves in a self promoting fashion with a grandiose sense of their own importance.

- Always talking high about himself.
- Excessive self esteem.
- Often includes intellectual, physical, social, and other overestimations about oneself.
- Over confidence.

RUBRICS-

- [COMPLETE] [MIRILLI'S THEMES] EGOTISM, SELF-ESTEEM: (139)
Absin, Act-sp, Adam,Agar, Alco, Alli-m,Alum, Amet, Anac,Anath, Androc, Anh, Aq-mar, Arg-n, Arge-p, Arn, Ars, Asaf, Aur, Aur-m-n, Aur-s, Bar-s, Bell, Bell-p, Beryl-n, *Blatta*, Bufo, Calc, Calc-f,Camph,Cand-a, Caust, Cench,Cer-o, Chin, Choc,Cic, *Cich*, Cimic,Clad-r,

Con, *Croto-t*, Cur, Cygn-c-b, Cypra-e, *Des-ac*, Dulc, Dysp-o, Eryth, Eur-n, Ferr, Ferr-ma, Fic-i, Gall, Gall-ac, Germ, Gins, Granit-m, Graph, Guin, Haliae-lc, Helx, Herin, Hoch, Holm-n, Holm-o, Hydr-ac, Hydrog, Ign, Ignis, Ilx-p, Kola, Lac-c, Lac-drom, Lac-leo, Lach, Latex, Lava-f, Loxo-r, Lsd, Lyc, Mag-m, Mand, Mant-r, Marm-aMed, Merc, Morph-s, Mosch, Nat-m, *Nelu*, Nicc, NIT-AC, NUX-V, Oxyg, Ozone, Pall, Par, Perl, 3 Ph-ac, Phas-c, Phos, Phyt, *Plac*, PLAT, Polyst, Posit Psor, Puls, Pyrus, Rhodi, Rhodi-s, Sabad, Sabal, Sac-alb, Salx-f Scorp, Senec, Sep, Sil, Sile-c, Staph, Stram, Stront-c, SULPH, Syph, Taosc, Tarent, Tax, Terb-o, Thuj, Tito-a, Tub, Ulm-c, Uran, Uro-h, Valer, Verat, Viol-o,

- [MURPHY] [MIND]EGOTISM, GENERAL, (SEE HAUGHTY): (70)
Acon, Act-sp, Agar, *Alco*, *Alum*, Anac, *Androc*, Anh, Arn, Asar, Aur, Aur-m-n, Aur-s, Bell, Bufo, *Calc*, Cann-i, Cann-s, Caust, Chin, Cic, Cich, Cimic, Cina, Con, Croto-t, Cupr, Cur, *Des-ac*, Dulc, Ferr, Ferr-ma, Fl-ac, Gran, Grat, Guai, Ham, Hell, Hydrog, *Hyos*,

Ign, *Ip*, Kali-i, Lac-leo, *Lach*, Lilt, Lyc, Marm-w, *Med*, Merc, Nat-m, Nitro-o, *Nux-v*, Pall, Par, Phos, PLAT, Plb, *Puls*, Rob, Sabad, Sec, *Sil*, Squil, *Staph*, *Stram*, Stront-c, SULPH, Thuj, VERAT,

- [MURPHY] [MIND]EGOTISM, GENERAL, (SEE HAUGHTY): EXCESSIVE, SELF-ESTEEM: (20)
Act-sp, Anac, Anan, Arn, Aur, *Calc*, *Lach*, *Lyc*, Med, Merc, Nux-v, *Pall*, Par, Phos, Plat, *Sil*, *Staph*, *Stram*, Sulph, *Verat*,
- [COMPLETE] [MIND]EGOTISM, SELF-ESTEEM: (63)
Act-sp, *Agar*, *Alco*, Anac, Anath, Androc, Anh, Arn, Aur, Aur-m-n, Aur-s, Bar-s, Beryl-n, Bufo, Calc, Cic, Cich, Cimic, Croto-t, Cur, *Des-ac*, Dysp-o, Eryth, Gins, Granit-m, Haliae-lc, *Helx*, Holm-n, Holm-o, Hydrog, Kola, Lac-c, Lac-leo, Lach, Lyc, Mant-r, Marm-a, Med, Merc, Nicc, Nux-v, Oxyg, Pall, Par, Phos, PLAT, Posit, Rhodi-s, Salx-f, Scorp, Sep, Sil, Sile-c, Staph, Stram, Sulph, Taosc, Tax, Terb-o, Thuj, Tub, Uran, Verat,
- [MURPHY] [MIND]EGOTISM, GENERAL, (SEE

HAUGHTY):AILMENTS, FROM:
(11) *Androc, Calc, Hydrog, Lach,*
Lyc, Med, Merc, Pall, Plat, Sil,
Sulph,

- [KENT] [MIND]EGOTISM: (8)
Calc, Lach, Med, Merc, Pall, Plat,

Sil, Sulph,

- [KENT] [MIND] EGOTISM:
AILMENTS, FROM: (6)
Calc, Lyc, Merc, Pall, Sil, Sulph,

- [COMPLETE] [MIND]
EGOTISM, SELF-ESTEEM:
OVER-ESTIMATION OF
HIMSELF: (3) *Agar, Cic, Kola,*

- [COMPLETE] [MIND]
EGOTISM, SELF-ESTEEM:
SPEAKING ALWAYS ABOUT
THEMSELVES IN COMPANY:
(4)

Lach, Oxyg, Par, Staph

CONCLUSION

After studying some of these similar rubrics, we can see that although some medicines are common in these rubrics, some medicines are different altogether and that too in a high degree of evaluation. We can see that common medicines also have difference in degree of intensity. Thus, we can say that failure in picking the most appropriate rubric for totality, we can either miss or take important or unimportant medicines.

Finally we can conclude that it is very significant to understand these similar rubrics deeply so that the most appropriate rubric can be selected for more accurate medicine and eventually for more effective treatment.

Deep comprehension of similar rubrics allow us to take rubrics more in accordance with the miasmatic background of the case as rubrics of advancing miasm are most important and are kept in the utmost position in the hierarchy of symptoms.

So, at the end we perceive that as mental symptoms and their expressions vary in different individuals, same happens with the mind rubrics where many rubrics seems similar but have finer shades or variations, And more we have insight of these finer variations, more we reach towards individuality of the case which is the hallmark or key point for Homeopathic prescription.

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